



SESSION 3

BIBLE STORY

Elijah Thinks Fast
1 Kings 17:7-24

HERO CODE

God's Heroes Have Wisdom

HERO VERSE

"Do good! Seek peace and go after it!" Psalm 34:14B

MATERIALS

Music Video

- Laptop with Music Video files

Rhythm Activity

- Complete Music CD
- CD Player
- Musical instruments

MUSIC

PREPARATION

- Select the number of songs and activities that will best meet your time span.
- Gather supplies for Music Time.

MUSIC VIDEO

Play: SUPERHEROES.mp4 on the TV.

Say: Come on, everybody, let's practice being superheroes!

SUGGESTED SONGS

- "In Everything"
- "Hear Us As We Pray"
- "One of a Kind"

RHYTHM ACTIVITY

Allow children to select from a variety of musical instruments. Make suggestions for patterns for the children to follow and play along with the Hero Central music.