



## SESSION 4

### BIBLE STORY

Moses and the Burning Bush  
Exodus 3

### HERO CODE

God's Heroes Face Their Fears

### HERO VERSE

"Do good! Seek peace and go after it!" Psalm 34:14B

### MATERIALS

#### Hope Hop

- Ropes

# GAMES

## BRAVE HOP

### PREPARATION

Make sure the recreation area is safe and ready for play. Place the ropes about a foot apart on the ground or floor.

### LET'S PLAY!

In our fourth Bible story, we learn about how God makes us brave. Now we are going to play a game called Brave Hop! We are going to hop over these ropes while pretending we are jumping over something that frightens us. Encourage children to use their imagination as they jump over the ropes.

1. Have the Heroes stand in a line. One at a time, Heroes will hop over the ropes. (Have volunteers stand nearby as spotters to help make sure no one falls!)
2. Encourage the Heroes to repeat the Hero Code, "God's Heroes Face Their Fears!" as they hop over each rope.
3. After each child has had a turn, move the ropes a little further apart to increase the challenge.
4. Play several times, increasing the distance of the ropes.

### COOL DOWN CONNECTIONS

Jesus taught us that, even though we are scared we can be brave because God is always with us!

- Think of a time when you felt really bad and someone helped you feel better.



## SESSION 4

### BIBLE STORY

Moses and the Burning Bush  
Exodus 3

### HERO CODE

God's Heroes Face Their Fears

### HERO VERSE

"Do good! Seek peace and go after it!" Psalm 34:14B

# GAMES

## HERO SAYS

### PREPARATION

Make sure the recreation area is safe and ready for play.

### LET'S PLAY!

**We want to be heroes like Jesus! Let's practice imitating a Hero together with this game!**

1. Play this game like "Simon Says." Select a child to be the first Hero.
2. The rest of the children line up facing the Hero.
3. The Hero calls out a number of hero motions by first saying, "Hero says ... " (*Leaders assist the Hero with ideas: hopping, jumping, running in place, etc.*) The children must then perform that motion.
4. Anytime the Hero calls out a motion without saying, "Hero says..." first, the children should NOT do it. If anyone does, they must sit down.
5. Last one standing gets to be the new Hero!

### COOL DOWN CONNECTIONS

**Well done, Heroes! God's heroes can do so many great things!**

- **What are some ways we can be a hero like Jesus?**