



## SESSION 4

### **BIBLE STORY**

Moses Faces His Fears

Exodus 3:1-15

### **HERO CODE**

God's Heroes Face Their Fears

### **HERO VERSE**

“Do good! Seek peace and go after it!” Psalm 34:14B

# BIBLE STORY

## **Exodus 3:1-15**

3 Moses was taking care of the flock of his father-in-law Jethro. Jethro was the priest of Midian. Moses led the flock to the western side of the desert. He came to Horeb. It was the mountain of God. 2 There the angel of the Lord appeared to him from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up. 3 So Moses thought, “I'll go over and see this strange sight. Why doesn't the bush burn up?”

4 The Lord saw that Moses had gone over to look. So God spoke to him from inside the bush. He called out, “Moses! Moses!” “Here I am,” Moses said.

5 “Do not come any closer,” God said. “Take off your sandals. The place you are standing on is holy ground.” 6 He continued, “I am the God of your father. I am the God of Abraham. I am the God of Isaac. And I am the God of Jacob.” When Moses heard that, he turned his face away. He was afraid to look at God.

7 The Lord said, “I have seen how my people are suffering in Egypt. I have heard them cry out because of their slave drivers. I am concerned about their suffering. 8 So I have come down to save them from the Egyptians. I will bring them up out of that land. I will bring them into a good land. It has a lot of room. It is a land that has plenty of milk and honey. The Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites live there. 9 And now Israel's cry for help has reached me. I have seen how badly the Egyptians are treating them. 10 So now, go. I am sending you to Pharaoh. I want you to bring the Israelites out of Egypt. They are my people.”

11 But Moses spoke to God. “Who am I that I should go to Pharaoh?” he said. “Who am I that I should bring the Israelites out of Egypt?”

12 God said, “I will be with you. I will give you a sign. It will prove that I have sent you. When you have brought the people out of Egypt, all of you will worship me on this mountain.”

13 Moses said to God, “Suppose I go to the people of Israel. Suppose I say to them, ‘The God of your fathers has sent me to you.’ And suppose they ask me, ‘What is his name?’ Then what should I tell them?”

14 God said to Moses, “I am who I am. Here is what you must say to



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the Israelites. Tell them, ‘I am has sent me to you.’”

15 God also said to Moses, “Say to the Israelites, ‘The Lord is the God of your fathers. He has sent me to you. He is the God of Abraham. He is the God of Isaac. And he is the God of Jacob.’ My name will always be The Lord. Call me this name for all time to come.



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# LIFE APPLICATION & HERO CODE

Sometimes we can be afraid of what people will think of or feel about us, or even what they will say or do to us. Moses was afraid of what others would think; he says "Suppose I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' Then what shall I tell them?" (Exodus 3:13). The last time he had spoken to the Israelites in Egypt was when they accused him of having no right to speak because he was a murderer (Exodus 2:11-15).

In Exodus 3:12 God reminds Moses; "I will be with you." God is with us too. He said to Moses that He would be with him, and He promises to be with us too. In fact, when Jesus ascended to the Father he said "... And surely I am with you always, to the very end of the age." (Matthew 28:20). Jesus is with us wherever we go. Perhaps you are feeling fearful of something right now. Jesus is bigger and greater than any other person – or people grouped together. He is greater than anything we will ever face in the whole Universe. And He is with us! He is on our side! He gives us the power to face anything in our pathway!

Imagine you are Moses and God has just come to you and told you that you are to go to Pharaoh. What would you be thinking?

How do you feel about being scared? Do you like it? Why/why not?

Have you ever stopped doing something because you were too scared?

**Remember, God's Heroes Face Their Fears!**



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### **MATERIALS**

- Paper – 1 per child
- Crayons

# ACTIVE LEARNING ENHANCEMENT

### Facing Our Fears

What fears do you need to face? What is the fear that is holding you back? *Give children a piece of paper and have them write their fears on it. Then instruct them to crumple up their paper and throw them in the trashcan.*

You don't need to let fear control you because God is with you and within you. Although Moses in this passage is very afraid, we do know that Moses went on to do great things for God; including helping the people to escape Egypt. Moses decided not to let his fear overtake him. He decided it was more important to follow God than to be scared. He listened to what God said and he followed His instructions.

What you are afraid of does not have to define you. I bet you wrote some pretty scary stuff down on your papers. But remember, you crumpled it up and threw it away because God is bigger than our fears and we can face our fears with His help.

**Close in prayer.**