



## SESSION 2

### BIBLE STORY

Abigail Saves the Day  
1 Samuel 25

### HERO CODE

God's Heroes Have Courage

### HERO VERSE

“Do good! Seek peace and go after it!” Psalm 34:14B

# BIBLE STORY

*OPTIONAL: Say each of the following sounds together as a class to accompany each name/word as it appears in the story.*

- **David** – tooh-tooh-tooh-TOOH! (trumpet fanfare)
- **Nabal** – mwa-ha-ha-ha-HA! (bad guy laugh)
- **Sheep** – Baa
- **Abigail** – Courage!
- **Servants** – CLAP-CLAP-clap-clap

Out in the desert hills of Maon, **DAVID** went with his forces. He heard that there was a very important man named **NABAL** who owned many **SHEEP**.

While in the wilderness, **DAVID** heard that **NABAL** was shearing his **SHEEP**. So he sent 10 of his **SERVANTS** to greet **NABAL** and bring him this message:

“Peace be with you, **NABAL**, and your household, and all that is yours. I’ve heard that you are now shearing **SHEEP**. As you know, your shepherds were with us in the wilderness (tending the **SHEEP**). We didn’t mistreat them, and nothing of theirs went missing. Ask your **SERVANTS**; they will tell you the same. So please receive my **SERVANTS** favorably, because they’ve come on a special day. Please give whatever you can to them and to me, **DAVID**.”

But **NABAL** responded, “Who is **DAVID**?! Why should I take my bread, my water, my meat, and give it to people who came from who knows where?”

So the **SERVANTS** returned and reported all this back to **DAVID**. **DAVID** was very angry. He commanded all his forces to arm themselves so they could do away with **NABAL** and all his household.

But **NABAL** had a wife named **ABIGAIL**, who was as courageous and smart as her husband was foolish. **ABIGAIL** quickly packed two hundred loaves of bread, two skins of wine, five **SHEEP**, several gallons of roasted grain, one hundred raisin cakes, and two hundred fig cakes. **ABIGAIL** loaded all this onto donkeys and headed down a trail on the hillside. She did not tell **NABAL**.

**DAVID** was still seething with anger when **ABIGAIL** arrived, but she fell facedown before **DAVID**. She said, “Master, I am your humble



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**SERVANT.** I bring gifts of food and wine for you. You are a hero for the Lord. Please do not shed blood just because my husband is a fool.”

**DAVID** said, “Bless the Lord God of Israel, who sent you to meet me today! And bless you and your good judgment for saving me from shedding blood and taking vengeance into my own hands today! Be assured that I’ve heard your request and have agreed to it.”

**ABIGAIL** thanked **DAVID**, gave the food and drink to him, and then returned home.



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# LIFE APPLICATION & HERO CODE

Abigail was a living example of our Hero Verse, which is – “Do good! Seek peace and go after it!”

Abigail didn't just sit around and wish for peace. She realized she had to go after it by having the courage to act. And her courage was double. Not only was it risky to go against what Nabal wanted, but it was also quite a risk going to David, even with all that food and drink. Who knew how an angry David might react? Yet by her actions, she was able to keep peace and save lives.

**When has someone (a parent, teacher, friend, etc.) saved you from making a mistake or doing something you might regret?**

**Do you think you could have the courage not only to seek peace, but also to go after it?**

**What is one way you could “go after peace” this week?**

I believe you can do it. And more importantly, God believes you can do it. God sees courage in your heart and knows you can be a hero.

And that reminds me of our Hero Code for this session: God's Heroes Have Courage!

Let's say it together now:

**God's Heroes Have Courage!**



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### **MATERIALS**

- Sheets of paper – 1 per child
- Pencils – 1 per child
- Crayons

# ACTIVE LEARNING ENHANCEMENT

Did you know that making a comic strip is a form of storytelling called storyboarding? Storyboarding was made popular many years ago by Walt Disney as a way to outline a story graphically.

For this activity, you are going to create your own comic strip of today's Bible Story.

### Hero Comic Strip

Give each child a piece of paper and a pencil. Have the kids divide their paper into four equal panels. Invite kids to use each panel to depict one of the events of the Bible Story.

*Example:*

*Panel 1: David's servants ask Nabal for hospitality, and he refuses.*

*Panel 2: The servants report back to David, and he is angry.*

*Panel 3: Abigail comes out to David with food, drink, and graciousness.*

*Panel 4: David praises God for Abigail and her courage.*

Give each child access to an assortment of crayons to add color to their panels if time permits. Older kids may enjoy adding speech balloons or thought bubbles for a more authentic comic strip feel.

**Close in prayer.**