

# SESSION 1

## BIBLE STORY

Samuel Anoints David  
1 Samuel 16:1-12

## HERO CODE

God's Heroes Have Heart

## HERO VERSE

"Do good! Seek peace and go after it!" Psalm 34:14B

## MATERIALS

- Plastic Cups (pre-cut), 2 per kid
- Glitter Stickers
- Adhesive Jewels
- Colored Electrical Tape
- Velcro Dots/Tabs
- Multi-Surface Markers (!) & scrap paper
- Hero Code label
- Scissors, Adults only please

# CRAFTS: HERO CUFFS

## Preparation

- Separate glitter stickers. Set out jewels and stickers. Be sure to keep some back for the rest of the week.
- Set out small trash containers so children can keep the trash separate from the stickers and jewels.
- Set out colored tape. You may want to pre-cut various size and colored strips ahead of time.
- Set out markers.
- Set a sheet of scratch paper at each station.
- If you have time, you can write the names of the children on the role on a "Hero Code" label.



## Directions

1. Allow each child to select two plastic cups for their cuffs.
2. If a child's arm is particularly small, then you may want to trim the cups before they start decorating them. See side bar.
3. Allow children to decorate their cuffs with the provided materials.

(!) When using the markers, encourage the children to color carefully and over their sheet of scratch paper so they don't mark themselves and the tables. (!)

4. As the children work, go around the room with the Velcro tabs to create a closure system for their cuffs. See side bar.
5. Place their "Hero Code" name label on the inside of their cuff.
6. Celebrate your strength in God with your completed Hero Cuff.



If the cuff is too long, trim along the top of the cup



If the cuff is too wide, trim along the side of the cup. Leave 1" for the Velcro tab closures.



Velcro Tabs